

BPT STUDENTS PROVIDED ON-FIELD PHYSIOTHERAPY SERVICE IN WILSON ULTRA MARATHON, DHARAMPUR

Wilson Ultra Marathon was held at Dharampur, Valsad, Gujarat on 11th February, 2024. Students of Shrimad Rajchandra College of physiotherapy had volunteered as physiotherapists. The trail race consists of 5km, 10km, 21km, 35km and 50km. Students had a great learning experience to work at challenging situation. Our student volunteers provided physiotherapy for injuries such as muscle cramp, shin pain, knee pain, bruising and generalized stretching of major group of muscles to prevent post running muscle soreness. It was tremendously stimulating as well as entirely a different experience for the students. Athletes from all over the India participated in the race. SRCP is heartily thankful to ASHUTOSH Multi-speciality Hospital for providing such an opportunity to our students. Student's hard work was appreciated by the organizers, sponsors and the athletes.